



DEPARTMENT OF POPULATION STUDIES

Jointly Organizing with

INDIAN ASSOCIATION OF PARLIAMENTARIANS ON POPULATION AND DEVELOPMENT (IAPPD)

10th Annual Sat Paul Mittal National Inter-College And Inter-University
Debate Competition 2026

The topic for National Level Debate Competition:

PRESENT EDUCATION SYSTEM IS CONDUCIVE TO DEVELOPING
SOUND MENTAL HEALTH OF THE YOUTH

About the topic:

The modern education system is increasingly evolving into a proactive, holistic framework that fosters positive mental health through integrated well-being curricula, social-emotional learning, and supportive environments. By focusing on resilience, mindfulness, and peer mentoring, the current system nurtures comprehensive student growth beyond academics, promoting psychological well-being. While traditional, high-stakes academic pressure persists, modern, holistic frameworks increasingly integrate emotional well-being through counsellors, life skills training, and reduced stigma. However, excessive competition and stress remain, necessitating a move toward more supportive environments.

INTER-COLLEGE & INTRA-UNIVERSITY COMPETITION

It is proposed to conduct a team-wise debate competition on “PRESENT EDUCATION SYSTEM IS CONDUCIVE TO DEVELOPING SOUND MENTAL HEALTH OF THE YOUTH”. Each team will consist of two participants (one speaking 'for' and one 'against' the motion). It is requested that each college or university department should send at least one team (two students), however, there is no restriction on number of teams.

Date: 11-02-2026

Time: 11.00 a.m.

Venue: Department of Population Studies,
Annamalai University

PRIZE DETAILS AT INTER-COLLEGE LEVEL:

Cash and Certificate to be awarded for each team as follows

S.No.	Category	Amount (in Rs.)
1	First Prize	3,000
2	Second Prize	2,000
3	Third Prize	1,500
4	Consolation Prize (if participants exceed 20)	1000

All the participants will be provided with a Participation Certificate

NATIONAL LEVEL DEBATE COMPETITION

A National Level Debate Competition is scheduled to be held in the 2nd week of March 2026 (tentatively on 12-13th March, 2026) at the Auditorium of IAPPD, 1/6, Siri Institutional Area, August Kranti Marg, New Delhi-110049.

Participants who win the first two places at the Inter-college and Intra-University level will participate as the University Team

Participants will be paid TA, boarding and accommodation by IAPPD through Reimbursement mode.

Prize Details at National Level:

IAPPD will award two sets of prizes.

The first set of prize money will be given to the winning team's university

The second set will be given to the individual winner

The prize amount is as follows:

Team Prizes:

1st Prize to winner Team (University) Rs.1,00,000/-

2nd Prize to Runner-up Team (University) Rs.60,000/-

Individual Prizes:

First Prize Rs.25,000/-

Second Prize Rs.15,000/-

Third Prize Rs.10,000/-

Consolation prizes for two students Rs.5,000/- each

IAPPD will also award a Citation and a Trophy to the Winning team and a Memento to the Runner-up Team.

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For more details, please contact

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